

Denver Endoscopy Center

8155 E. First Avenue
Denver, CO 80230
303-344-4844

MoviPrep

2 to 3 days before your colonoscopy:

Avoid raw fruits and raw vegetables.

1 day before your colonoscopy:

Enjoy a light breakfast such as cereal, toast, eggs (but without seeds, raw fruits or raw vegetables). After your breakfasts DO NOT eat solid food until after your colonoscopy is performed the following day. YOU MAY HAVE ONLY CLEAR LIQUIDS UP TO THREE (3) HOURS BEFORE YOUR PROCEDURE. Acceptable clear liquids are water, apple juice, ginger ale, 7-up, coffee (black), tea (no milk or creamers), Gatorade (not red in color), Jello (not red in color), chicken broth (fat free) or beef broth (fat free).

If your procedure is scheduled before 11am:

On the evening before your Colonoscopy: Drink the 2-liter MoviPrep solution. Try to finish in 1 to 2 hours. Some like to drink 10 oz every 10 minutes but if you feel like vomiting slow down your drinking or take a break for an hour. You may also find it helpful to suck on a hard candy in between glasses of MoviPrep. Drink a liter (about a quart or 32oz) of clear liquid after taking your preparation.

OR

If your procedure is scheduled after 11am:

On the evening before your procedure: Drink 1 Liter of MoviPrep solution followed by at least 500 mL (one half quart) of clear liquid.

On the morning of your procedure: starting about five (5) hours before the procedure time, drink 1 Liter of MoviPrep solution followed by at least 500 mL(one half quart) of clear liquid.

DO NOT HAVE ANYTHING TO DRINK FOR 3 HOURS BEFORE YOUR PROCEDURE.

For example, if you are scheduled for a 10 A.M. procedure, stop your clear liquid diet and have nothing by mouth after 7 A.M. the morning of your procedure.